



CERT “PREPPER” PAGE

December 2023



Here are some tips to help you prepare for the end of the year:



1. **Make a list of your goals:** Take some time to reflect on the past year and think about what you want to achieve in the coming year. Write down your goals and make a plan to achieve them.



2. **Review your finances:** The end of the year is a good time to review your finances. Look at your budget and see if there are any areas where you can cut back. Consider setting up a savings plan for the coming year.



3. **Prepare for tax season:** Start gathering your tax documents and receipts now so that you're ready when tax season arrives. Consider consulting with a tax professional to ensure that you're taking advantage of all available deductions.



4. **Get organized:** Take some time to declutter your home and office. This will help you start the New Year with a clean slate.



5. **Stay healthy:** The holiday season can be stressful, so it's important to take care of yourself. Get plenty of rest, eat a healthy diet, and exercise regularly.



6. **Be prepared for emergencies:** Make sure that you have an emergency kit with essential supplies such as food, water, and first aid items. Create a family emergency plan so that everyone knows what to do in case of an emergency. Then PRACTICE it!

I hope these tips help you prepare for the end of the year.

Wishing you a safe, happy and healthy Holiday Season. And a happy New Year.

Sue Anderson Willard City CERT Program Manager

